

SCOUT

1. ___ **Age Requirement:** be a boy who is 11 years old or completed the fifth grade or the Arrow of Light Award and is atleast 10 years old.
2. ___ **Application & Health History** signed by parent.
3. ___ **Find a Scout Troop** near your home.
4. ___ Repeat the **Pledge of Allegiance**.
5. ___ Demonstrate the **Scout Sign, Salute and Handshake**.
6. ___ Demonstrate tying the **Square Knot**.
7. ___ Understand and agree to live by the **Scout Oath, or Promise, Law, Motto, and Slogan and the Outdoor Code**.
8. ___ Describe the **Scout Badge**.
9. ___ **Complete Pamphlet Exercises:** "How To Protect Your Child From Child Abuse".
10. ___ **Scoutmaster Conference. Date** ____/____/____

TENDERFOOT

1. ___ **Pack Check:** Show your leader camping gear and clothing you will use prior to a camping trip. Show the correct way to pack and carry them.
2. ___ **Camp Out:** Spend one night on a patrol or troop camp out. Sleep in a tent that you helped pitch.
3. ___ **Cooking:** Assist in preparing and cooking one meal. Tell importance for each patrol member to share in meal preparation & clean up. Explain the importance of eating together.
- 4a. ___ **Rope:** Show how to whip and fuse the ends of a rope.
- 4b. ___ **Knots:** Tie "two half hitches" and the "taut-line hitch" and explain uses.
5. ___ **Hiking:** Explain the rules of safe hiking both on the highway and cross country, during the day and night. Explain what to do if lost.
6. ___ **Flag:** Demonstrate how to raise, lower the and fold the American Flag.
7. ___ **Scout Oath, Law, Motto and Slogan:** Repeat from memory and explain in your own words their meaning.
8. ___ Know your **Patrol Name**, and give the **patrol yell**. Describe its **flag**.
9. ___ **Buddy System:** Explain its importance.
- 10a. ___ **Physical Fitness:** Record your best in the following Tests.
- 10b. ___ Show improvement in the listed activities in 10a after thirty days.

Current Results

Push Ups _____
Pull Ups _____
Sit Ups _____

30 Days Later

Push Ups _____
Pull Ups _____
Sit Ups _____

Standing Long Jump _____ Ft _____ Inches
1/4 mi. Walk/Run _____

Standing Long Jump _____ Ft _____ Inches
1/4 mi Walk/Run _____

11. ___ **Poisonous Plants:** Identify & tell how to treat for exposure to them.
- 12a. ___ **First Aid:** Demonstrate the Heimlich maneuver and tell when it's used.
- 12b. ___ **First Aid:** Show first aid for the following (1) **Simple cuts & scratches**, (2) **Blisters on the hand and foot**, (3) **Minor burns & scalds**, (4) **Bites or Stings of insects or ticks**, (5) **Poisonous snake bite**, (6) **Nose bleed**, (7) **Frostbite and sun burn**.
13. ___ Demonstrate Scout spirit by living the **Scout Oath**, and **Scout Law** in your everyday life.
14. ___ **Scoutmaster Conference. Date** ____/____/____
15. ___ **Board of Review. Date** ____/____/____

NAME: _____

Date of Birth ____/____/____

Ph. _____ Email _____

SECOND CLASS

- 1a. ___ **Compass:** Explain how it works and how to orient a map. Explain what map symbols mean.
- 1b. ___ **Five Mile Hike:** Take a five mile hike (or a ten mile bike ride) using a compass and a map.
- 2a. ___ **Troop/Patrol Events:** Participate in five troop or patrol events, two which must be camping overnight.
- 2b. ___ **Pitch Tent:** Help select patrol site and sleep in a tent you pitched.
- 2c. ___ **Knife, Saw & Ax #1:** Demonstrate care, sharpening and use.
- 2d. ___ **Knife, Saw & Ax #2:** Use knife, saw and ax to prepare kindling and fuel for a cooking fire.
- 2e. ___ **Camp Fire #1:** Discuss when it is appropriate to use a cooking fire and aweight stove. Discuss safety procedures for both.
- 2f. ___ **Camp Fire #2:** Light a camp fire and a lightweight camping stove.
- 2g. ___ **Cooking:** Cook over an open fire one hot breakfast or lunch. Explain importance of good nutrition and tell how to transport food.
3. ___ **Flag Ceremony:** Participate in a flag ceremony at your school, religious institution, charter organization or troop activity.
4. ___ **Service Project:** participate in a minimum one hour service project.
5. ___ **Animal ID:** Identify or show evidence of at least tin kinds of wild animals found in your community.
- 6a. ___ **First Aid #1:** Show what to do for "hurry" cases of stopped breathing, serious bleeding and internal poisoning.
- 6b. ___ **First Aid #2:** Prepare a personal first aid kit to take with you on a hike.
- 6c. ___ **First Aid #3:** (1) Object in eye (2) Bite of suspected rabid animal (3) Puncture wounds from a splinter, nail & fish hook (4) Serious burns (5) Heat exhaustion (6) Shock (7) Heatstroke, dehydration, hypothermia & hyperventilation.
- 7a. ___ **Swimming #1:** Tell what precautions must be taken for a safe swim.
- 7b. ___ **Swimming #2:** Demonstrate your ability to jump feet first into water over your head in depth, level off and swim 25 feet on the surface, stop, turn sharply, resume swimming and then return.
- 7c. ___ **Water Rescue:** Demonstrate water rescue methods by reaching with your arm or leg, by reaching with a suitable object, and by throwing lines and objects. Explain why swimming rescues should not be attempted when a reaching or throwing rescue is possible, and explain why and how a rescue swimmer should avoid contact with the victim.
8. ___ **Substance Abuse:** Participate in a school, community or troop program on the dangers of using drugs, alcohol and tobacco that could be harmful to your health.
9. ___ **Scout Spirit:** Show how you llive the Scout Oath and Scout Law in your everyday life.
10. ___ **Scoutmaster Conference. Date** ____/____/____
12. ___ **Board of Review. Date** ____/____/____

FIRST CLASS

1. ___ Demonstrate how to **find directions** during the day and at night without using a compass.
2. ___ **Orienteering:** Using a compass, complete an orienteering course that covers at least one mile & requires measuring the height and or width of designated items (tree, tower, canyon, ditch etc.).
3. ___ **Troop Activities:** Since joining participate in ten separate troop/patrol activities (other than troop/patrol meetings), three of which include camping overnight.
- 4a. ___ **Meal Planning:** Help plan a patrol menu for one campout-including one breakfast lunch & dinner that requires cooking. Tell how the menu includes the four basic food groups and meets nutritional needs.
- 4b. ___ **Meal Planning:** Using the menu planned in requirement 4a, make a list showing the cost and food amount needed to feed three or more boys and secure the ingredients.
- 4c. ___ **Meal Planning:** Tell which pans, utensils, and other gear will be needed to feed three or more boys and secure the ingredients.
- 4d. ___ **Meal Planning:** Explain the procedures to follow in the safe handling and storage of fresh meats, dairy products, eggs, vegetables and other perishable food products. Tell how to properly dispose of camp garbage, cans, plastic containers and other rubbish.
- 4e. ___ **Meal Planning:** On one campout, serve as your patrol's cook. Supervise your assistant(s), in using a stove or bu8ilding a fire. Prepare the breakfast, lunch and dinner planned in requirement 4a. Lead your patrol in saying grace at the meals and supervise clean up.
5. ___ **Citizenship:** Visit and discuss with a selected individual approved by your leader (elected official, judge, attorney, civic servant, principal, teacher) your Constitutional rights and obligations as a U.S. citizen.
6. ___ **Native Plants:** Identify or show evidence of at least ten kinds of native plants found in your community.
- 7a. ___ **Lashings & Knots:** Discuss when you should a should not use lashings.
- 7b. ___ **Lashings & Knots:** Demonstrate tying the timbger hitch and clove hitch and their use in square, shear and diagonal lashings by joining two or more poles or staves together.
- 7c. ___ **Lashings & Knots:** Use lashing to make a useful camp gadget.
- 8a. ___ **Lashings & Knots:** Demonstrate tying the bowline knot and describe several ways it can be used.
- 8b. ___ **First Aid:** Demonstrate bandages for a sprained ankle and for injuries on the head, the upper arm, and the collarbone.
- 8c. ___ **First Aid:** Demonstrate how to move an injured victim.
- 8d. ___ **First Aid:** Tell the five most common signs of a heart attack. Explain the steps,(proceedures) in cardiopulmonary resuscitation (CPR).
- 9a. ___ **Water Safety:** Tell what precautions must be taken for a **safe trip afloat**.
- 9b. ___ **Water Safety:** Successfully complete the BSA swimmer test.
- 9c. ___ **Water Safety:** With a helper and a practice victim, show a line rescue both as a tender and rescuer.
10. ___ **Demonstrate Scout spirit** by living the Scout Oath and Scout Law in your everyday life.
11. ___ **Invite an individual** who is eligible to join Boy Scouts to a meeting or troop outing/event. Tell him how to join.
12. ___ **Scoutmaster Conference. Date** ____/____/____
13. ___ **Board of Review. Date** ____/____/____